



As part of our Character Education/Week of Respect/Kindness Week programming, Franklin School is taking the
2012 "STUDENTS CHANGE HUNGER" CHALLENGE!

We will be conducting a food drive from September 17 - November 16

This challenge gives parents, students, teachers, and staff an opportunity to help our own community in a real and meaningful way. We are competing with other schools our size to collect as much food as possible for our local food bank, NORWESCAP. While the criteria is based on the weight donated, school spirit and active participation counts in the competition.

We are combining this challenge with our annual holiday food donation request. This means that we will use some of the food for our Thanksgiving baskets and the rest (the majority) will be donated to the food pantry as part of the challenge.

Please send in all types of nonperishable foods including:

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|-----------------------------------------------------------------------------------|--------------------------------------------|
| ○ Canned Fish | Canned Meats |
| ○ Boxed Meals | Pasta |
| ○ Pasta Sauce (no glass please) | Rice |
| ○ Canned Soup | Canned Gravy |
| ○ Mac & Cheese | Instant potatoes |
| ○ Cereal | Applesauce (no glass jars please) |
| ○ Canned Fruit | Jelly (no glass please) |
| ○ Granola Snacks | Peanut Butter (no glass please) |
| ○ Canned Vegetables (including cranberry) | |
| ○ Shelf Stable (non-refrigerated) Juice (boxed, plastic bottled or canned juices) | |

No time to shop? We're collecting cash/check donations as well. For every dollar that we raise, we'll be credited with one (1) pound of food and your student will be credited with 2 items. Please send to the Mrs. Albrecht office in a marked, sealed envelope. Checks can be made out to NORWESCAP

Donate to our challenge as often as you are able.

We thank you, in advance, for your help in this meaningful project!

If you have questions, please contact us at 689-1505, Pauline Albrecht x406 or Meghan Boyle at x404. Thank you.

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WE BET YOU HAVE SOME REALLY GOOD QUESTIONS!

Here are the answers!

We encourage you to read through this paper with your children and spend some time talking about the important issues of hunger and malnutrition and their impact on the lives of our neighbors.

Why are we participating?

Students should understand that hunger anywhere affects people everywhere, that we are all involved in the problems of hunger and malnutrition, and there are specific actions that can be taken by each of us to achieve a world free from hunger. We are participating because we can and we will make a difference to another person.

Why don't families have enough food?

Did you know that there are over 50 million Americans dealing with hunger? That's one out of every six people! Hunger has become a major epidemic. In this economy, more & more people are faced with difficult decisions: Do I choose to pay my mortgage/rent? Do I pay my utility bills? Do I pay for my medications? Or do I pay for food? Sadly, food is often the first to be cut back from a household budget.

How many people are affected in NJ?

In New Jersey alone there are over 1.1 million people who don't know where their next meal will come from on any given day. 400,000 are children. Even in the world's wealthiest nation, over 50 million people deal with hunger. It is a universal problem regardless of where you live. Like every other state in the country, New Jersey has its challenges when it comes to this issue. Although hunger can be found in virtually every county of our state, it doesn't mean action can't be taken to fight it.

Who gets the food we donate?

It stays right here at our local food bank. From there it will get distributed to the local food pantries, soup kitchens, shelters, and feeding programs. It will then be given to local people in need.

How do I involve my children in this project? I do the grocery shopping.

There are lots of creative ways to make this meaningful to your kids. Try these:

- Have your child pick out a few things at the store
- Use the donation list to plan ahead & let your child assist with making your grocery list
- Clean out a kitchen cabinet together and donate items from your pantry
- Have your child ask grandparents, relatives and good friends if they would provide a few food items that your child could bring in.
- JOIN IN OUR FOUR SPECIAL CHALLENGES...See the attached page for more information!

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